PRAYING THROUGH PANDEMIC

How to Pray During the COVID-19 Pandemic: Here’s Your 14-day Prayer Guide

AMERICAN BIBLE SOCIETY
DAY 1 Healing for the sick

Pray for those who are sick, infected, or recovering from illness. Ask God to comfort, heal, and restore them.

"Lord, heal me and I will be completely well; rescue me and I will be perfectly safe. You are the one I praise!"

Jeremiah 17:14*

DAY 2 Protection for the vulnerable and those at increased risk of illness.

Pray for protection of those most susceptible to contracting COVID-19, as well as the elderly. Ask God to safeguard their health and to provide their every need.

“When did we ever see you sick or in prison, and visit you?” The King will reply, “I tell you, whenever you did this for one of the least important of these followers of mine, you did it for me!”

Matthew 25:39-40

*All Scripture cited is from the Good News Translation
DAY 3

Strength for healthcare professionals, first responders, and caregivers.

Intercede for those standing on the frontlines of this pandemic. Ask God to strengthen them, and for their communities to help them through collective support and compassion.

Help carry one another’s burdens, and in this way you will obey the law of Christ.

Galatians 6:2

DAY 4

Deliverance from fear, anxiety, and depression.

Pray for those battling fear, worry, and stress due to our present realities. Call on God for their complete healing and wholeness.

My dear friend, I pray that everything will go well with you and that you may be in good health—as I know you are well in spirit.

3 John 1:2
DAY 5  Creativity, increased faith, and boldness for the global church.

Pray that the global church would awaken with innovation, newness, imagination, and vision. Believe God for world-changing gifts and potential to be released.

For this reason I remind you to keep alive the gift that God gave you when I laid my hands on you. For the Spirit that God has given us does not make us timid; instead, his Spirit fills us with power, love, and self-control.

2 Timothy 1:6-7

DAY 6  Wisdom for national and global leaders.

Pray for God to infuse wisdom, clarity, and strategy into national and international officials as they navigate present challenges and communicate to their constituents.

So let us not become tired of doing good; for if we do not give up, the time will come when we will reap the harvest.

Galatians 6:9

DAY 7  Relational and spiritual connection for the quarantined.

Pray for creative ways to express love to one another through prayers, service, and encouragement.

And now I give you a new commandment: love one another. As I have loved you, so you must love one another.

John 13:34
DAY 8  
Financial provision for those out of work.

Pray for every home facing financial hardship. Ask God to supply people’s needs, bring them peace, open doors, and provide their daily bread.

*And with all his abundant wealth through Christ Jesus, my God will supply all your needs.*

*Philippians 4:19*

DAY 9  
Unity in communities.

Pray for communities and families to draw closer and be strengthened in unity through God’s love. Pray that we see Jesus in one another.

*And to all these qualities add love, which binds all things together in perfect unity.*

*Colossians 3:14*

DAY 10  
Friendship for the isolated.

Pray for God to fill the hearts of the lonely with the power of his presence and exceeding joy.

*Friends always show their love. What are relatives for if not to share trouble?*

*Proverbs 17:17*
DAY 11  Comfort for those grieving the loss of loved ones.

Pray for God to bring comfort and peace to every heart grieving loss. Ask God to be near to them, mend their broken hearts, and give them joy for their sadness.

*The Lord is near to those who are discouraged; he saves those who have lost all hope.*

*Psalm 34:18*

DAY 12  Breakthrough for medical researchers.

Pray for breakthrough interventions and a cure for COVID-19, and for the saving of many lives.

*We know that in all things God works for good with those who love him, those whom he has called according to his purpose.*

*Romans 8:28*

DAY 13  Restoration of the global economy.

Pray that the world would experience economic revitalization and for God to bring financial blessing among the nations.

*And I will always guide you and satisfy you with good things. I will keep you strong and well. You will be like a garden that has plenty of water, like a spring of water that never goes dry.*

*Isaiah 58:11*
DAY 14

Revival and salvation on a global scale.

Pray for the kingdom of God to see unprecedented advancement through the church. Ask that the global harvest would witness the power of God’s love and truth, and that people from every tribe and nation would receive him into their hearts.

*But when the Holy Spirit comes upon you, you will be filled with power, and you will be witnesses for me in Jerusalem, in all of Judea and Samaria, and to the ends of the earth.*

*Acts 1:8*